



Ruth M. Helm

OCT 26, 1928 - FEB 16, 2019



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Ruth M. Helm

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Ruth M. Helm, age 90 of Lewes, DE, formerly of Newark, DE, died peacefully in her sleep on February 16, 2019. She was born on October 26, 1928 in Oradell, NJ, daughter of the late George and Mary Haering.

Mrs. Helm grew up in New Milford, NJ, attending school there and graduating from Hackensack (NJ) High School. She received a BS degree in Mathematics from Bethany College, Bethany WV and subsequently was employed in group pension plan development at the Equitable Life Assurance Society. In 1957 she married James Helm and the couple made their home near Cleveland, OH. Their only child was born while they were living there. In 1968 they returned to the east coast, moving to Newark, their home for the next 32 years.

Mrs. Helm was a loving daughter, wife, mother, and grandmother. She enjoyed time spent with her family and friends, days on the beach, skiing (in earlier years), and traveling nationwide and overseas. She took civic responsibilities seriously. Over the years she served on various city and state committees, was a Board member and Chair of the Newark Housing Authority, and Secretary of the Civic League for New Castle County. She was a 50-plus year member of the League of Women Voters, having positions on the local League Boards in both Ohio and Newark, and on the Delaware State League Board, including a term as President of the State league. For many years, she was a regular at Legislative Hall representing the League. After moving to Lewes, she and her husband became active members of the Lightship Overfalls Foundation, where she served as recording secretary for five years. She was a member of Bethel United Methodist Church and formerly of Newark United Methodist Church.

Mrs. Helm is survived by her daughter and son-in-law, Gwen and Thomas Diamond of Souderton, PA; her granddaughter, Kerri Diamond of Souderton, PA; her sister-in-law, Loretta Hall of Secane, PA; her cousins: Stanley and Loretta Haering of Punta Gorda, FL; and her many nieces, nephews, and friends.



Obituary

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A Memorial Service will be held on Saturday, March 2, 2019 at 3:00 PM at Bethel United Methodist Church, 129 West 4th Street, Lewes, DE, where friends may visit beginning at 2:00 PM.

In lieu of flowers, memorial contributions may be made to the Overfalls Foundation, P.O. Box 413, Lewes, DE 19958.

FLORIST NOTE: PLEASE DELIVER ALL ARRANGEMENTS BY 10AM SATURDAY, MARCH 2, 2019 TO OUR LEWES LOCATION.




Events

Ruth M. Helm

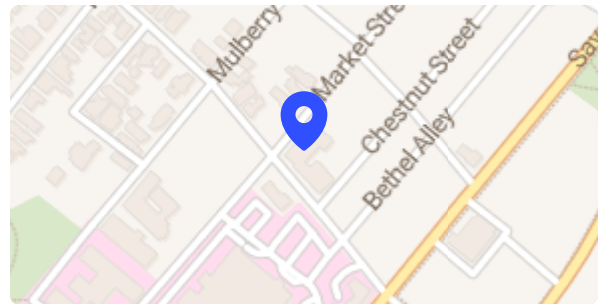
OCT 26, 1928 - FEB 16, 2019

Visitation

 **Saturday**, March 2, 2019


 2:00 PM - 3:00 PM ET

 **Bethel United Methodist Church**
129 West 4th Street, Lewes DE

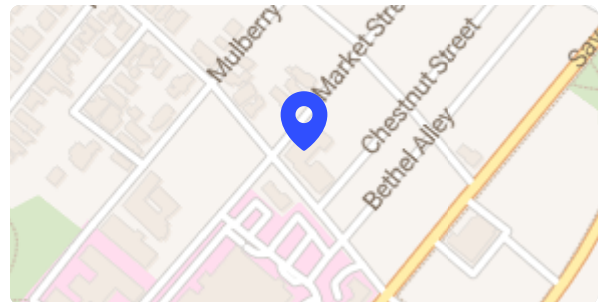


Memorial Service

 **Saturday**, March 2, 2019

 3:00 PM ET

 **Bethel United Methodist Church**
129 West 4th Street, Lewes DE





Tribute Wall

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Sharon Roberts posted:

Dear Gwen, My deepest sympathies on the loss of your mother. I remember her well. Sincerely, Sharon Henkel Roberts

February 26 at 7:36 AM



Pat Sullivan posted:

I played cards with Ruth for a number of years. She was a beautiful and kind lady. I used to love to hear the stories about her youth. I will always keep her in my heart. I am so sorry for your loss. God Bless

February 22 at 10:18 AM



Nanette Schultz posted:

Dear Gwen, Tim and I were so sorry to hear about the loss of your mom. We will keep you and your family in our prayers. Love, Nanette Casto Schultz

February 21 at 5:31 AM



Memories only last if you share them

Join us in honoring Ruth by contributing to a collection of shared memories.



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